

# Short Break Provider Directory



The services listed in this directory are available to those families whose disabled children and young people are eligible for a short break service. This may have been through completing a short break application online at <http://www.nottinghamshire.sendlocaloffer.org.uk> or through an assessment carried out by Nottinghamshire County Council's Children's Disability Service or Short Break Assessment and Review Team.

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# Introduction

The providers listed in this directory have been through Nottinghamshire County Councils tender process to be able to be listed on our Approved Provider Framework for disabled children and young people. Certain restrictions may apply to each of the services listed, for example age range, districts of the county and specific disabilities – please look at these closely when choosing your potential provider/s. They are listed alphabetically.

Services available consist of the following:

- **Holiday, play and youth activities** in mainstream or specialist settings (transport is not always provided to/from the settings)
- **Sitting and befriending services** (the worker can collect the child/young person from the home, and care for them at home or take them out. Any transport costs, entrance fees, etc. are payable by the family; efforts are made to keep costs low)
- **Direct Payments** (the parent/carer identifies and employs the worker to meet the child's short break, personal care or childcare needs)
- **Personal Budget** to access short break opportunities within the local community.

Please note that individual provider information is a guide which has been submitted by the provider. If you have specific queries about your child's needs, you may contact the provider directly or you can email the [commissioning.team@nottsc.gov.uk](mailto:commissioning.team@nottsc.gov.uk) or call 0115 804 2677.

## Service Providers Information

### Ace 24 Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	We provide support to children and young people who have a range of disabilities and autism, including those who may present behaviours deemed as challenging. This could be during the school day, after school, across weekends, weekends away, or during school holidays.
<b>Age range:</b>	From aged 8 and into adulthood
<b>Activities:</b>	<p>Some of the children and young people we work with may come from financially disadvantaged families and do not have the opportunity to go away for a short break, therefore we will aim to support children and young people to have increased access to a few days away with their peers and enjoy a happy fulfilled time, whilst being supported with their additional needs.</p> <p>We make sure to identify the ratio of support during the initial assessment, i.e., 1:1/ 2:1 basis, to ensure we can safeguard everyone. This will also ensure that we can support those who may display challenging behaviours. The aim is to promote self-esteem and confidence, supporting children and young people to make new friends, try new activities and to be a part of their local community, taking part in community activities.</p> <p><b><u>Support Models</u></b></p> <ol style="list-style-type: none"> <li>Supporting 1 individual or 2 individuals at a time could include 2 friends going out in the local or nearby community. Staffing ratios depends on the needs of individuals as stated above.</li> <li>Supporting up to 4 individuals on 2 nights away. Staffing ratio depends on the needs of individuals. A lead support worker will always attend. Staff would collect children/ young people from their homes, and return them after the break, giving parent and carer a real break from responsibilities.</li> </ol> <p><b><u>Activities</u></b></p> <p>During Ace Kidz short breaks different activities (age appropriate) will be on offer each day. For instance, during a 2-day break, activities like zip wiring, boating, archery, swimming and assault courses are on offer. The short breaks away will be structured so the children and young people gain the experience of managing their time in turn, promoting their everyday living skills and confidence and self-esteem.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p>Website: <a href="http://www.ace24healthcare.com">www.ace24healthcare.com</a></p> <p>Email: <a href="mailto:info@ace24healthcare.com">info@ace24healthcare.com</a></p> <p>Telephone No: 01206 580362</p>

## Almag Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	Holiday, play and community-based activities and individual support.
<b>Age range:</b>	From children aged 0 into adulthood.
<b>Activities:</b>	At Almag healthcare we use a person-centred approach. We promote values that focus upon the individual service user as being at the centre of care, service planning and service delivery. To tailor make a care plan which is person centred, we listen to the service user and how they want their care to be implemented. All our service users, their families and carers are involved in the health and care planning of their life. The service user participates and contributes directly to the assessment process based upon their age and understanding.
<b>Additional information:</b>	There will be regular reviews, questionnaires, phone contact and person-centred support plans. Scheduled review meetings will be carried out by managers, and these will involve key workers, the service users and other representatives.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Email:</b> enquiries@almaghealthcare.co.uk <b>Telephone No:</b> 07840250457

## Ambito Care & Support

<b>Districts covered:</b>	Rushcliffe, Mansfield, Ashfield, Broxtowe, Gedling
<b>Specialisms/care offered:</b>	Gastrostomy/Peg/Tube feeding, Epilepsy, including rescue medication, suction, medication, tracheostomy, support with learning/physical disabilities and complex needs.
<b>Age range:</b>	2+ (moving into adulthood provision).
<b>Activities:</b>	<p><b>Activities</b></p> <p>Support in the home</p> <p>Community activities</p> <p>Clubs</p> <p>Trips to parks, adventure park or cinema in specialist groups or 1:1 support.</p>
<b>Additional information:</b>	<p>Ambito has a staff team with a diverse range of experience, and access to a wide variety of training to support our team to deliver the best service possible. This includes an impressive amount of clinical and therapeutic interventions training, enabling us to work with service users with severe disabilities and complex health needs.</p> <p>We will always take account of cultural and religious backgrounds, needs and choices and ensure that we support the service user and their family with this and ensure that these are included in their support plans.</p> <p>We try to match personalities of the child or young person (CYP) and staff members, ensuring that support is person centred and fun. Support workers will be allocated as key workers to help the CYP monitor their progress and goals.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://www.ambitocare.co.uk">www.ambitocare.co.uk</a></p> <p><b>Email:</b> <a href="mailto:east.midlands.community@ambitocare.co.uk">east.midlands.community@ambitocare.co.uk</a></p> <p><b>Telephone No:</b> 0115 9701765</p>

## APTCOO (A Place to Call Our Own)

<b>Districts covered:</b>	County-wide.
<b>Specialisms/care offered:</b>	<p>A Place to Call Our Own (APTCOO) supports children and young people to access activities at APTCOO, in the home or community setting.</p> <p>We offer a flexible outreach service encompassing flexible short breaks and individual support packages.</p> <p>The range of conditions include:</p> <ul style="list-style-type: none"> <li>• Complex needs</li> <li>• ASD/ADHD</li> <li>• Behavioural and challenging problems</li> <li>• Long term conditions</li> <li>• Shortened life expectancy conditions</li> <li>• Epilepsy</li> <li>• Acquired brain injury</li> <li>• Holistic and all-inclusive support</li> </ul> <p>1:1 support Staff are trained to meet individual needs including medication and feeding support, moving and handling and personal care.</p>
<b>Age range:</b>	Up to 25 years.
<b>Activities:</b>	<p><b><u>Sitting and befriending</u></b>          APTCOO staff offer a tailored sitting and befriending service working with children and young people to help them to realise and achieve better life outcomes. The service is offered on a one-to-one basis or more if needed. Activities can be done indoor or outdoor and are dependent on the choice and interests of the child/young person and their family. More discreet pieces of work are also undertaken by support staff such as one-page profiles and social stories often encouraging an alternative and more effective approach for children/young people with barriers to communication.</p> <p><b><u>Group / holiday activities</u></b></p> <p><b>5 to 10s After School Club          (Every Monday evening from 4pm to 6pm at Botany Avenue)</b>          Activities include baking, gardening, cooking, arts &amp; crafts, games and socialising with others.</p> <p><b>Preparing for Adulthood          (Every Wednesday evening from 4pm to 6.30pm at Botany Avenue)</b>          Activities include promoting independence in making informed choices and decisions; young people will identify personal aspirations and goals in a positive and creative way, learning new skills in a fun, engaging and accessible way.</p>

<b>Additional information:</b>	The services are monitored and managed by a Short Breaks Project Lead who ensures the staff are fully trained to meet the individual's needs, wants and choices. Training includes medication and feeding support, moving and handling, personal care and qualifications and suitable experience to match the diverse needs of children with complex needs and/or on the autistic spectrum.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="http://www.aptcoo.co.uk">www.aptcoo.co.uk</a> <b>Email:</b> <a href="mailto:enquiries@aptcoo.org">enquiries@aptcoo.org</a> <b>Telephone No:</b> 01623 629 902



## Ardour Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	We provide support for children with behaviour that challenges, children with complex health needs', children with a long-term condition or health need, children with multiple impairments/profound and multiple learning disabilities, children with a physical or learning disability, children dependent on technology (e.g., children on ventilators or with tracheostomies or gastrostomies), children with a life-threatening or life-limiting condition, children with an acquired brain injury, children with autistic spectrum condition, children with sensory impairments
<b>Age range:</b>	From children aged 0 into adulthood.
<b>Activities:</b>	Depending on the assessed needs/requirements of the child or young person support will be given on a 1:1 or 2:1 basis. Support may be required during evenings, weekends, and/or school holidays.
<b>Additional information:</b>	<p>Ardour Healthcare will work with the key stakeholders to achieve the following outcomes.</p> <ul style="list-style-type: none"> <li>• Parents and carers of disabled children and young people are supported to continue to care by providing them with a rest from caring.</li> <li>• Disabled children and young people can spend time away from their primary carers and to take part in activities that help to support their independence.</li> <li>• Disabled young people are supported in their preparation for adulthood, including increasing independent skills.</li> <li>• Individual children and young people are supported to identify and to achieve individual outcomes, including those identified in their EHCP (education, health and care plan).</li> <li>• Disabled children and young people improve communication and social skills, feel more confident and can recognize risky situations and react appropriately.</li> <li>• Disabled children and young people are supported to increase their involvement in the Community.</li> </ul>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home - Ardour Healthcare Services</a>  <b>Email:</b> office@ardourhealthcare.co.uk  <b>Telephone No:</b> 0115 9648332</p>

## Beacon Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	Individual support, Holiday, play and community-based activities
<b>Age range:</b>	Children aged 5-18
<b>Activities:</b>	<p>At Beacon Healthcare we aim to provide a nurturing and inclusive environment where children can engage in a variety of activities tailored to their interests and abilities.</p> <p><b>Activities</b> Beacon Healthcare offer a variety of activities such as, crafting, outdoor play, sensory experiences, games, and educational opportunities designed for the diverse needs of participants. Our person-centred planning ensures that each child's individual needs, preferences, and goals are considered when designing activities and support plans.</p>
<b>Additional information:</b>	<p>Beacon Healthcare conduct thorough assessments to gather essential information about each child and family seeking our services, including medical history, disabilities or additional needs, interests, preferences, and any specific goals or concerns identified by the family. This information enables us to tailor our support and activities, accordingly, ensuring a personalised and effective approach to care.</p> <p>Families can easily book their desired session times through our dedicated line, ensuring flexibility and accessibility. We work closely with families to accommodate their scheduling preferences while balancing the needs of all children accessing the service. Clear communication channels are maintained to keep families informed about available session slots, upcoming activities, and any changes to the schedule.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Email:</b> <a href="mailto:incontact@beaconsl.co.uk">incontact@beaconsl.co.uk</a></p> <p><b>Telephone No:</b> 01302 315175</p>

## Breakthru Care

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	Individual support, holiday, play and community-based activities
<b>Age range:</b>	11 years into adulthood
<b>Activities:</b>	<p>Breakthru Care provides a safe, secure, holistic and nurturing environment which enables young people to experience living independently, recognising their aspirations and potential whilst achieving their goals. When a young person is referred to our service, they undergo an individualised assessment of their support needs, and an individualised support plan is co-produced which includes effective arrangements for specific identified needs.</p> <p>Breakthru Care will assist and support the young person to achieve their personal goals in a structured and flexible manner, responding to their needs and circumstances. We uphold and respect the young people's right to be involved in decisions about their own care and support.</p>
<b>Additional information:</b>	Our young people's plans are reviewed every three months and updated accordingly, this systemically works as our tracking system as any interventions that were identified and implemented are reviewed and follow ups made as necessary.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="https://www.breakthru care.co.uk">https://www.breakthru care.co.uk</a></p> <p><b>Email:</b> office@breakthru care.co.uk</p> <p><b>Telephone No:</b> 0333 366 0746</p>

## Bridge Together

<b>Districts covered:</b>	Bassetlaw, Newark and Sherwood
<b>Specialism /care offered:</b>	<p><b><u>ASD</u></b></p> <p>At Bridge Together we believe in the inclusion of every individual. All our activities at both group and befriending sessions are bespoke to the individuals we know will be attending. All physical and sensory needs are assessed, and activities planned appropriately.</p> <p>We offer taster sessions to all young people prior to registration so that they can experience the setting. Additionally, we also welcome families in to experience it with the young person for the first time, making sure that both the family and the child or young person are comfortable with the setting. At Bridge Together we also work closely with parents and carers to make sure we have all the relevant information so that all the needs of the young people are catered for.</p>
<b>Age range:</b>	4-17 years.
<b>Activities:</b>	<p>We offer a range of days out and experiences throughout the year to destinations such as parks, farm parks, museums, and activity centres. We provide weekly term time sessions at Barnbygate Methodist Church on Thursday 5-7 for a life skills group who access community-based projects and a Saturday session from 10-3 which is open to all our young people accessing our service.</p> <p><b><u>Group/holiday activities</u></b></p> <p>Our weekly sessions run on Thursday from 5-7 and Saturday 10-3 during the term. We also run a holiday club, Monday, Wednesday, and Friday 10-3.</p> <p>We offer a range of arts and crafts, board games, sensory play, and experiences to help young people engage and interact with each other and their environment. We also utilise our position in the centre of Newark to offer a range of community-based activities to boost social and independent skills in preparation for adulthood.</p>
<b>Additional information:</b>	<p><b><u>Social, emotional, and mental health</u></b></p> <p>Our inclusive sessions are planned to promote the social and emotional growth of all our young people and positive mental health. We provide a safe environment with experienced, engaging and skilled staff who will promote interaction and engagement and help young people to contribute and thrive.</p> <p><b><u>Personal care/delegated health tasks</u></b></p> <p>Bridge Together can meet all Personal and Intimate Care needs. A care plan will be drawn up where needed and we will work with families to ensure that an agreed procedure is put in place and adhered to. We will ensure that prior to starting with us we have a thorough knowledge of all medical needs and trained staff who are competent and trained to the correct level to meet these.</p> <p>All our staff are highly experienced with all currently also employed in either early years or special need schools' settings. We therefore draw upon a wide variety of skills and knowledge with staff trained in Makaton, Theraplay,</p>

	approaches to help with ASD, ADHD, attachment as well challenging behaviour.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="http://www.bridge-together.co.uk">www.bridge-together.co.uk</a> <b>Email:</b> <a href="mailto:enquiries@bridge-together.co.uk">enquiries@bridge-together.co.uk</a> <b>Telephone No:</b> 01636 330022

## Calmliving Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialism /care offered:</b>	Individual support, holiday, play and community-based activities.
<b>Age range:</b>	0 years into adulthood
<b>Activities:</b>	Our service provision includes a range of flexible and person-centred short break options. As an example, our "Adventure Day" program provides service users with opportunities for outdoor activities such as horse riding, group painting activity, and team-building exercises. This not only promotes social interaction but also enhances physical and emotional well-being.
<b>Additional information:</b>	<p>We maintain a highly trained and qualified staff team to ensure the safety, well-being, and individualized care of each service user. Staffing ratios are determined based on the specific needs of the individuals we support, and the level of care required within each category. For example, when providing care for children with severe learning disabilities, we ensure a 1:1 to 2:1 staffing ratio to meet their specialized needs.</p> <p>We actively engage in partnerships and collaborate with local healthcare providers, educational institutions, and community organizations. This collaborative approach enhances the quality of care and support provided.</p> <p>We are committed to providing high-quality short break services that promote the well-being, independence, and development of children and young adults across all specified categories of need.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Email:</b> <a href="mailto:info@calmlivinghealthcare.co.uk">info@calmlivinghealthcare.co.uk</a></p> <p><b>Website:</b> <a href="#">Domiciliary Care   Calmliving Healthcare Limited</a></p> <p><b>Telephone No:</b> 0161 3885568</p>

## CCT Community Enablement Team

<b>Districts covered:</b>	County-wide
<b>Specialism /care offered:</b>	<p>ASD, ADHD, PD, Mental Health, Physical Health.</p> <p>2-1 support is facilitated depending on the need</p> <p>Complex medical needs</p> <p>Administration of medication</p> <p>Personal Care/delegated health tasks</p>
<b>Age range:</b>	Both children and adults.
<b>Type of Provision:</b>	<p>Supporting children and young people through the short breaks scheme to experience positive social experiences whilst encouraging and role modelling skills for life. Providing respite for families through safe, nurturing and fun activity and building trust in our provision to allow for a true rest for families during our session.</p> <p>Supporting young people with EHCP's (Education and Health care plan) to access independent living skills, education and work placements through outcome focussed sessions, specific the individual's needs.</p>
<b>Additional information:</b>	<p>All care provided will be person centred and include SMART (specific, measurable, achievable, realistic and time bound) outcomes for the child or young person. The service will actively support positive relationships with families by offering family support sessions, training workshops and activity sessions / days. The key here is to reduce the isolation that some families experience and to build positive and trusting relationships with families so that they have a go to point to ask for help and accept it.</p> <p>Children and young people will be assessed for the placement required and this will be linked to outcomes that will be actively supported and reviewed, taking into full consideration the voice of the child, family and linked professionals.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home - Community Enablement Team</a></p> <p><b>Email:</b> <a href="mailto:enquiries@challengect.co.uk">enquiries@challengect.co.uk</a></p> <p><b>Telephone No:</b> 01623 397750</p>

## Daystar Care Services

<b>Districts covered:</b>	County-wide
<b>Specialism /care offered:</b>	Holiday, play and community-based activities and individual support
<b>Age range:</b>	3 years until adulthood
<b>Type of Provision:</b>	<p>Daystar Services provide a range of activities/services for a variety of needs.</p> <ul style="list-style-type: none"> <li>• <b>Immediate Needs</b> – Where their immediate needs are identified (shelter, warmth, food, water, access to money) these are addressed as a priority.</li> <li>• <b>On-going Crisis Intervention</b> – Daystar Care Services staff will work to support and enable them to address the issues that are impacting on their ability to thrive. This includes signposting and referring them to specialist agencies where required.</li> <li>• <b>Personal and Social Development</b> – We will provide opportunities for service users to develop their social and personal skills, including, building confidence, self-esteem, independent living skills, problem-solving skills, being part of the community and contributing.</li> <li>• <b>Empowerment and Independence</b> – Our aim is for the service user to realise their full potential, having developed a range of skills enabling them to live independently, be part of the local community, secure education, gain employment and training.</li> </ul>
<b>Additional information:</b>	<p>Our Service delivery aims to empower the service user to remain in his / her own home and to provide a customised package of assistance and support to enable this to be achieved. The service user is viewed as a unique, independent individual, and care services will be tailored to support and maintain their independence, maximise dignity by encouraging the service user to do as much as they can for themselves, within their limits. This will entail an appropriate assessment of the risks involved.</p> <p>Daystar Care Services seeks to provide opportunities for personal and social development for the people we care for and support to ensure that they live independently, build their confidence, and self-esteem, acquire problem-solving skills, and contribute and be part of the community.</p> <p>We encourage and support individual choice and personal decision-making as the right of all people we support and encourage families to be involved in planning and service delivery of the care of their child. All aspects of care and support delivered is person-centred and reflect preferences, lifestyle choices, and personal aspirations.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home - Daystar Care</a>  <b>Email:</b> <a href="mailto:info@daystarcare.co.uk">info@daystarcare.co.uk</a>  <b>Telephone No:</b> 07717362504</p>



## Diamond Care Solutions

<b>Districts covered:</b>	Rushcliffe, Mansfield, Broxtowe, Ashfield, Gedling
<b>Specialism /care offered:</b>	<p>Diamond Care Solutions is a bespoke provider offering short breaks, respite and play sessions to children and young people with varying needs and complexities in either their family home, a stimulating and encouraging environment and/or in the community.</p> <p>We support young people with complex health needs, ASD, Learning difficulties, challenging behaviours, physical disabilities, personal care needs.</p>
<b>Age range:</b>	From 4 – 18 years old.
<b>Activities:</b>	<p>There are a variety of activities that young people can participate in, and we aim to tailor each timetable to fulfil as much as possible including arts and crafts, sports, dance, theme work, toys, games, books, computers and much more.</p> <p><b>Activities:</b> The services encompass a wide range of related activities to suit all ages and include:</p> <ul style="list-style-type: none"> <li>• Saturday Clubs</li> <li>• Youth Clubs</li> <li>• Holiday Clubs</li> <li>• After School Clubs</li> <li>• Music and Dance Groups</li> <li>• Special Events throughout the year</li> <li>• Sit in services</li> </ul>
<b>Additional information:</b>	<p>Our staffing ratios vary depending on the individualised and assessed needs of the children and young people, we do not use a one size fits all approach in delivering our services.</p> <p>Children and young people will be allocated staff through our staff allocation policy thereby ensuring that staff are competent, skilled and knowledgeable in meeting presenting needs. Our service offers children and young people the chance to meet friends and socialise on a regular basis whilst also providing support to parents and carers.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://dcslimited.org.uk">DCS site (dcslimited.org.uk)</a></p> <p><b>Email:</b> <a href="mailto:office@dcslimited.org.uk">office@dcslimited.org.uk</a></p> <p><b>Telephone No:</b> 01773 297045</p>

## Direct Payments

<b>Districts covered:</b>	County-wide.
<b>Specialism /care offered:</b>	<p>If your child or young person is accessing a Short Break following successful completion of an online application or completion of an assessment, a Direct Payment for Personal Assistant (PA) is one of the options that will be discussed with you. This is to enable children and young people to be supported within their local community.</p> <p>This will entail the parent/carer becoming the PA's employer, parent/carer will be required to choose a payroll company from the DPSS approved list. As a requirement of the Direct Payment scheme, you are required to set up Employee Liability Insurance on a yearly basis which will be paid through your Direct Payment – Parents/carer are required to contact one of the insurance companies of their own choosing or from the approved insurance listed stated in the Direct Payment paperwork.</p> <p>If you have an identified a person who could act as your child's personal assistant (PA) an enhanced DBS (disclosure &amp; barring service check) check will be required to be carried out before the person commences work.</p>
<b>Age range:</b>	5-18 years.
<b>Activities:</b>	<p>A Direct Payment for Activities is a payment that may be offered to a parent/ carer to fund an appropriate activity for the child or young person in line with their assessed short break outcome, giving them and their family more flexibility, choice and control.</p> <p>The Direct Payment for Activities can be used flexibly throughout the year at regular intervals or in blocks, such as the school holidays. The Direct Payment for Activities is to enable your child or young person to meet their identified short break outcomes such as accessing social activities within the community to become more independent.</p>
<b>Additional information:</b>	<p><b>Financial monitoring</b></p> <p>Financial regulations require that The Council undertake regular audits of all Direct Payment accounts.</p>
<b>Mileage:</b>	Mileage costs for Direct Payment Packages are not included.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Direct Payments support area   Nottinghamshire County Council</a></p> <p><b>Email:</b> <a href="mailto:commissioning.team@nottsc.gov.uk">commissioning.team@nottsc.gov.uk</a></p> <p><b>Telephone No:</b> 0115 8042677</p>

## DKM Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialism /care offered:</b>	<p>At DKM healthcare, our service includes providing respite care for children and young people in order for families to take a break.</p> <p>We support children with physical and learning disabilities, ASD, Complex health needs at home and in the community. Our carers are committed to transforming the lives of the young people we care for, and they are here to support in the following areas:</p> <ul style="list-style-type: none"> <li>-Support with transitioning to independent living.</li> <li>-Personal care and medication administration.</li> <li>-Companionship and help with socialising in the community.</li> <li>-Supporting on short breaks or activities in the community e.g. swimming/ cinema.</li> </ul>
<b>Age range:</b>	0-18 years
<b>Additional information:</b>	<p>Our experienced team of support workers are trained in person centred care, learning disabilities and support, and they take the time to understand each child's individual needs to support them in achieving their personal goals.</p> <p>We have extensive experience of delivering complex care and we can offer the continuity of care for those young people transitioning into adult services. We will support children and young people in the comfort of their family homes. We also have two respite accommodation in Nottinghamshire for group activities as well as respite breaks away from the home.</p> <p>A core aspect of our service will be undertaking robust risk and needs assessments which build into the person-centred plan each young person will have.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">About - DKM Healthcare</a></p> <p><b>Email:</b> info@dkmhealthcare.com</p> <p><b>Telephone No:</b> 0115 9648289</p>

## FTM Dance (Forward Thinking Movement and Dance)

<b>Districts covered:</b>	County-wide.
<b>Specialism /care offered:</b>	FTM Dance provides performing arts and creative arts related activities, sessions and workshops for individuals with a range of needs and abilities, including those with Autism, ADHD, Cerebral Palsy, Epilepsy and Behaviours that challenge.
<b>Age range:</b>	3 years and above.
<b>Activities:</b>	<p><b>Dance</b> In Dance, we promote our preteens, teens and adults to engage in choreography and create their own performances, alongside learning specific dance techniques and genres if they wish too. Our younger children sessions promote turn taking, fine and gross motor skills, listening skills through dance related activities and action-based songs, along with prop exploration.</p> <p><b>Drama</b> In Drama, individuals have the opportunity to learn social skills in 'Understanding the world' drama pieces, alongside creating their own creative and imaginative drama pieces, alongside creating scenery and props.</p> <p><b>Music</b> In Music, individuals have the opportunity to explore an array of instruments and create songs, rhythmic beats and more. We use paired and group work to promote team building skills, relationships and leadership. We also use solo work to facilitate an individual's sense of identity and independence.</p> <p><b>All our sessions are fun based, with elements of learning and development embedded in the sessions. In our sessions, we can adapt the activities to suit individual needs and abilities and provide sensory alternatives.</b></p>
<b>Time of Provision:</b>	Weekend Children Short Break Service Creative Therapies School Holiday Clubs
<b>Additional information:</b>	<p><b>Our Aims</b> To provide an accessible and inclusive environment to support children, young people and adults with additional needs, disabilities and medical conditions to access and engage in high quality performing art opportunities.</p> <p><b>Our Families Objectives</b> To offer quality and meaningful respite that responds to and is flexible to the changing needs of complex situations to offer a supportive and understanding listening ear, including signposting to appropriate agencies to our families.</p> <p><b>Our Service Users Objectives</b> To provide excellent care and support that meet the assessed needs of each service user in an individualised approach, which is safe, compassionate and responsive. To support our service users to develop their social, communication and emotional development, including transferable life skills</p>

	within the performing arts.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="#">Nottingham Services – FTM Dance</a> <b>Email:</b> <a href="mailto:referrals@ftmdance.co.uk">referrals@ftmdance.co.uk</a> <b>Telephone No:</b> 07543068872

## H.O.P.E. Superjobs

<b>Districts covered:</b>	Mansfield
<b>Specialism /care offered:</b>	<p>HOPE has 18 years' experience working with children with a wide range of disabilities and complex needs. Our services include domiciliary care, contact centres, supported living for younger people, transition to adult services, short breaks and respite.</p> <p>We have experience providing Individual Support and Holiday, Play and Community Based Activities for children with the following needs:</p> <ul style="list-style-type: none"> <li>•Social, Emotional and Mental Health (including ADHD)</li> <li>•Cognition and Learning needs (Learning Disabilities)</li> <li>•Communication and Interaction (Speech and language, ASD)</li> <li>•Sensory, physical and or medical (visual, hearing, physical and multi-sensory disabilities)</li> <li>•Children and young people with Autistic Spectrum Disorder (ASD)</li> <li>•Children and young people with complex health needs</li> <li>•Children and young people aged 11+ with moving and handling needs that will require equipment and adaptations</li> <li>•Children and young people where challenging behaviour is associated with other impairments</li> <li>•Young people 14+ who are severely disabled</li> </ul>
<b>Age range:</b>	6 - 18 years old
<b>Activities:</b>	We provide 1-2-1 support both within the child's home and the community (to access local universal provision). The level, type and frequency of support depends on the child's needs, preferences, outcomes and budget.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">HOPE Superjobs – The Home Of Professional Excellence (HOPE)</a></p> <p><b>Email:</b> <a href="mailto:nottingham@hopesuperjobs.co.uk">nottingham@hopesuperjobs.co.uk</a></p> <p><b>Telephone No:</b> 0208 553 0827</p>

## Innovate Complex Care Solutions

<b>Districts covered:</b>	County-wide
<b>Specialism /care offered:</b>	<p>We look to support individuals with complex health needs, including children, young people and adults requiring specialised care services and support.</p> <p><b>Service Provision</b>            We will provide a comprehensive range of nursing, clinical and personal care for individuals with complex health needs and end of life care, along with care and support for the family members who require support. Our services encompass full support for the physical, mental and emotional wellbeing of our clients.</p>
<b>Age range:</b>	From birth into adulthood
<b>Activities:</b>	<p>Innovate Care group would ensure that the activities provided are appropriate for the individual needs of children and young people and constantly safe. Innovate Care Group implements a comprehensive and meticulous approach that encompasses safeguarding and safer recruitment practices, health and safety protocols and risk assessment measures. Here are the key components of our strategy:</p> <p>Person Cantered Activity Planning:            We develop activities that are carefully tailored to the individual needs, capabilities and interests of each child and young person. Our person cantered activities are suitable, engaging and beneficial for each individual.</p>
<b>Additional information:</b>	<p>Innovate Care Group will prioritise continuous professional development and education for our staff to ensure they are competent and confident in delivering the specialised care required by our clients. Our staff will receive comprehensive training programs, including mandatory training, bespoke specialised training and regular skill development initiatives to enhance their capabilities and ensure the delivery of high-quality care. Our service delivery model is structured to ensure that the specific care needs of our clients are met with compassion, expertise and dedication to promoting well-being and enhancing the quality of life for those we serve.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home - Innovate Care Group</a>  <b>Email:</b> <a href="mailto:info@innovatecare.co.uk">info@innovatecare.co.uk</a>  <b>Telephone No:</b> 0203 879 1520</p>

## Kharis Healthcare

<b>Districts covered:</b>	Rushcliffe, Ashfield, Mansfield and Broxtowe
<b>Specialism /care offered:</b>	<p>Kharis Healthcare provides personalised care and support to children and young people with social, emotional, and mental health (SEMH) needs and those with ADHD. Our support and care is tailored to meet the specific needs of each child or young person, whilst considering their background, culture, and individual circumstances.</p> <p>Our services are designed to be adaptable and takes a holistic approach to support. By this we mean we are not only addressing the child or young person's SEMH needs but considering their overall wellbeing. Our model of approach ensures that the child or young person is supported in all walks of life; within education, emotional wellbeing and relationships.</p>
<b>Age range:</b>	0 – 17 years old
<b>Activities:</b>	<p>Kharis Healthcare's Individual Support service provision is based on a person-centred approach, meaning that each child's needs and preferences are at the centre of the service.</p> <p>This will be delivered through a range of activities that promote social, emotional, and mental wellbeing which includes structured and unstructured activities, therapy sessions, and one-to-one support. The service will work in collaboration with families, schools, and other professionals to provide coordinated support.</p>
<b>Additional information:</b>	<p>Kharis Healthcare works closely with disabled children, young people, and their families to identify their preferred methods of communication which includes accessible formats such as easy to read or audio. We also ensure the information provided is clear, concise, and easily understood.</p> <p>In addition, we involve disabled children, young people, and their families in the decision-making process regarding the care they receive, including the development of care plans and the evaluation of services. We do this through regular meetings, consultations, and surveys, where the views and opinions of the service users and their families will be considered at its highest level.</p> <p>Staff will continue to receive training on engaging with disabled children and young people and their families to ensure they have the necessary skills and knowledge to provide effective communication and support. Disabled children and young people and their families will be involved in planning and review of services, whilst ensuring that their needs are fully met and that the services provided are of the highest quality.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home   Kharis Healthcare</a>  <b>Email:</b> <a href="mailto:info@kharishealthcare.com">info@kharishealthcare.com</a>  <b>Telephone No:</b> 0115 978 7996</p>



## Kope Medics

<b>Districts covered:</b>	County-wide
<b>Specialism /care offered:</b>	<p>We can meet the needs of children and young people (CYP) across all categories including mental health/physical/cognitive/sensory needs. We offer a variety of care and support including:</p> <ul style="list-style-type: none"> <li>• Administration of medication and oxygen.</li> <li>• Bowel, catheter and colostomy care</li> <li>• Epilepsy Management</li> <li>• First Aid</li> <li>• Gastrostomy Feeding/Care</li> <li>• Insulin Injection</li> <li>• Naso-Gastric Feeding/Care</li> <li>• Monitoring of Vitals including Blood Sugar Levels</li> <li>• Tracheostomy Care and ventilator Care</li> <li>• Severe Allergic Reactions and the use of Auto Injector in Emergency Situations</li> <li>• Suction</li> <li>• Positive Behavioural Support (PBS)</li> <li>• Working to plans developed and overseen by partners such as CAMHS, e.g., behavioural, dietetic, physio.</li> <li>• Communication technologies such as eye-gaze PECs</li> </ul> <p>We also provide personal care, complex health care tasks, school transportation, transitioning CYP to adult services, independence-raising work, help with homework and support for parents/carers.</p> <p>We have extensive experience in supporting CYP on the Autistic Spectrum and/or with challenging behaviour and can provide positive behaviour support and sensory play sessions. We are skilled at supporting CYP with challenging behaviour to access the community and build friendship groups/networks.</p>
<b>Age range:</b>	0 years into adulthood
<b>Activities:</b>	<p><b>Activities.</b></p> <p>We offer 1:1 Short Breaks including overnight provision which includes full service at weekends, evenings and during school holidays.</p> <p>We provide fun and engaging programs of activities tailored to individual CYP and their developmental stage, including:</p> <ul style="list-style-type: none"> <li>• Outings (e.g., to the beach or to the zoo)</li> <li>• Swimming</li> <li>• Attending clubs and events</li> <li>• Getting out in nature</li> <li>• Arts and Crafts</li> <li>• Bus rides and getting out and about in the community</li> <li>• Cinema</li> <li>• Sensory play</li> <li>• Interactive play sessions to understand more about the CYP's wishes, likes, dislikes, thoughts, and feelings.</li> </ul>

<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="http://Home-Kope-Medics.com">Home - Kope-Medics.com</a> <b>Email:</b> <a href="mailto:info@kope-medics.com">info@kope-medics.com</a> <b>Telephone No:</b> 0115 8456455

## The Mill Adventure Base

<b>Districts covered:</b>	County-wide.
<b>Specialisms/care offered:</b>	This project is aimed at children and young people with learning disabilities and additional support needs. Numbers are limited.
<b>Age range:</b>	8–17years.
<b>Activities:</b>	<p><b>What activities are there?</b>            Bushcraft, Biking, Canoeing, Country or Hillwalking, Rock Climbing, Zip wires &amp; Freefall, Kayaking, High Ropes, Team Challenges, Weaselling, Abseiling, Sailing, Orienteering, Archery, Tomahawk Throwing, Tree Identification, Group volunteering and lots more.</p> <p><b>Recognition and Accreditation</b>            Several awards are woven into our programmes to help give structure, demonstrate progression and to achievement.</p>
<b>Time of Provision</b>	<p>The Adventure Club or Academy runs on Saturdays in term time for children and Young People with learning disabilities and additional support needs who are entitled to commissioned short breaks hours. The projects are aimed at Children and Young People who can or are working towards participating in small group activity sessions.</p> <ul style="list-style-type: none"> <li>• <b>Adventure Club (8 to 12years)</b>  <b>Saturdays Term time, fortnightly</b>  <b>10:00 – 15:00 (5hrs)</b></li> <li>• <b>Adventure Academy (13 to 17years)</b>  <b>Saturdays Term time, fortnightly</b>  <b>10:00 – 15:00 (5hrs)</b></li> </ul> <p><b>Your child/young persons must be eligible to receive a short breaks service through Nottinghamshire County Council with a minimum allocation of 120 hours annually.</b></p>
<b>Additional Information:</b>	<p>We provide group based outdoor learning and adventure sessions using mentoring and support to increase confidence, self-esteem and well-being as we work with your child towards independence and community integration.</p> <p>We can provide basic personal care need prompting and support, we are also able to accommodate the management of challenging behaviour or vulnerability subject to individual assessment process.</p> <p>Limited amounts of one-to-one supervision are possible, but the project is developed for young people working towards small group working within an agreed framework. This is entirely led by getting to know your young person and understanding what we are able facilitate, we will do our best to meet your Young Persons support needs.</p> <p>We strive to offer a broad range of outdoor learning and adventurous activities and a full list of activities with descriptions are available on our website, however we will need to consider the abilities and needs of the</p>

	whole group, weather conditions and the time of year before making any final decisions.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="http://nottinghamshire.gov.uk">The Mill Adventure Base   Notts Outdoors (nottinghamshire.gov.uk)</a> <b>Email:</b> <a href="mailto:nottsootdoors@nottscc.gov.uk">nottsootdoors@nottscc.gov.uk</a> <b>Telephone No:</b> 01623 556 110

## Nottingham Mencap Short Breaks Service

<b>Districts covered:</b>	Gedling, Mansfield, Ashfield, Rushcliffe and Broxtowe
<b>Specialisms/care offered:</b>	<p><b>ASD</b> We have a cohort of Befriending staff who have experience of supporting children and adults with ASD based on individual needs and ensuring their safety and wellbeing, both at home and in the community. Our Youth Groups offer activities and trips to engage children with ASD during the session with appropriate staff where extra support is needed.</p> <p><b>Social, emotional, mental health and challenging behaviour</b> We assess individuals with a view to providing them with a service dependent on their individual needs and an appropriate befriender will then be introduced.</p>
<b>Age range:</b>	5 year and into adulthood.
<b>Activities:</b>	<p><b>Sitting and befriending</b> - We offer a sitting and befriending service to clients with a range of learning disabilities. We support both adults and children over the age of 5 years old. Support is available either in the client's home or out and about in the community. This could include, for example, trips to the cinema, walks in a park, swimming, trips to the shops etc. Our aim is to offer the client the opportunity to access activities and social experiences to build their life skills, self-confidence and self-esteem. We help to develop basic life skills in the home and community, including independent travel training and making healthy lifestyle choices. This service also gives the parents, carers and their families some respite time and an additional source of support.</p> <p><b>M8s Youth Group</b> (every Saturday) 5-18 years old. Offering a fun place to socialise with a range of activities, both in-house and trips to various places throughout the year.</p> <p>The young people that attend can access arts and crafts, singing, music, dancing, cooking, computers, X-Box and Wii, pool and outdoor fun including football, skittles and cricket. We go on a range of trips including Rushcliffe Country Park, Lost City, Stonebridge City Farm amongst many others. We also focus on developing independence skills, self-confidence and self-esteem. Our ethos encourages respect for each other and our environment and promotes socialisation skills within the group.</p> <p><b>Gener8 Youth Group</b> (every 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month) – 14-24 years old. Offering a range of activities, with a focus on transition, supporting travel training, independence and socialisation skills. There are occasional trips exploring places of interest and accessing fun things to do in the local community.</p> <p>As part of transition into adulthood we develop independent travel skills, personal hygiene awareness, money and cooking skills. We also focus on developing self-confidence and self-esteem. Our ethos encourages respect for each other and our environment and promotes socialisation skills within the group.</p>

<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="#">Nottingham Mencap</a> <b>Email:</b> <a href="mailto:info@n-mencap.org">info@n-mencap.org</a> <b>Telephone No:</b> 0115 9209524

## Nottinghamshire YMCA

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	<p><b>ASD</b> We support inclusion for every individual. However, to make sure the setting is the correct one for the child's needs, our camp service offers the child the opportunity to visit the camp before they become actively part of it.</p> <p><b>Social, emotional and mental health</b> Our programmes are designed to offer a safe and inclusive environment for all children and young people belong, contribute and thrive. We believe that providing this environment helps children and young people to develop core independent life skills (such as confidence, self-esteem, team working and leadership) and our programmes offer a platform for them to practice these skills and have fun. They will be encouraged to think creatively, build new friendship groups and engage in a raft of new challenging and fun opportunities.</p> <p><b>Challenging behaviour</b> We believe children with challenging behaviour benefit through our skill clinic program. We teach a level of independency and in all allows the individual to leave with a positive approach moving forward in life.</p> <p><b>Physical (moving and handling)</b> YMCA Day Camps do not practice this.</p>
<b>Age range:</b>	4 –15 years
<b>Activities:</b>	<p><b>Group/holiday activities</b> This day camp programme will operate from 8am-6pm for children aged 4-15 years during the school holiday periods. There will be multiple sports, creative and expressive arts, camp games and awards for demonstrating our 4 core values of caring, honesty, respect and responsibility. The Camps are designed to support children and young people to come together in an inclusive environment, forming new positive friendships, learning new skills and building confidence.</p> <p><b>YMCA Day Camps</b> work on a ratio system to provide quality to the child's experience. The Camps will be delivered during school holiday periods from 8am to 6pm during weekdays.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://www.nottsymca.com/camps">www.nottsymca.com/camps</a>  <b>Email:</b> <a href="mailto:brcreception@nottsymca.org">brcreception@nottsymca.org</a>  <b>Telephone No:</b> 0115 9567600</p>

## Nurture Care

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	Complex health needs, brain injuries, spinal injuries, terminal illness, sensory and dual sensory impairment, severe and partial disabilities, cerebral palsy and other neuromuscular disorders, challenging behaviours. Healthcare needs – gastrostomy feeding, respiratory support/care, oxygen or ventilation dependant, suctioning. General social care.
<b>Age range:</b>	From 0 years into adulthood
<b>Activities:</b>	<p>Escorted visits to hospital appointments, day centres, nurseries, school. Escorts for social outings and trips.</p> <p>Our activities and social groups are planned with the young people who attend, with a focus on building friendships with similar individuals. We have developed a range of self-sustaining groups in the Derbyshire and closely surrounding areas and will replicate this within Nottinghamshire.</p>
<b>Additional information:</b>	<p>Nurture Care helps children and young people (CYP) to be as independent as possible and support them to lead normal lives through effective risk management, creative thinking, skilled staff and high aspirations.</p> <p>Workers are matched to families based on skills and ability to meet the needs of the young person and where possible, by age and interests too. We offer ongoing support to enable staff to manage changing needs, through supervision, training and feedback from families and young people. We allocate at least two workers to each young person to minimise the impact of change and ensure the family can build trusting relationships with our team around them.</p> <p>We build resilience and independence, give families information about educational and training opportunities that we offer whilst helping empower families with support, learning and development. We have a full training schedule available as this type of information improves parents' skills and resilience, reducing the risk of family break-down, as parents and carers put coping strategies into place. It also results in young people being able to access more mainstream services, improving quality of life and providing them with the opportunity for new experiences. We offer Parent support groups covering a range of subjects. These also provide time for parents to meet others struggling with the same issues and build networks of support with each other.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">NurtureCare – Children's Complex Care Provider</a></p> <p><b>Email:</b> <a href="mailto:referrals@nurturecare.co.uk">referrals@nurturecare.co.uk</a></p> <p><b>Telephone No:</b> 0115 9640557</p>



## OASIS – TREASURED KIDS

<b>Districts covered:</b>	Bassetlaw, Newark and Sherwood
<b>Specialisms/care offered:</b>	<p><b>Group Care sessions, School Holiday Group Sessions, Befriending</b></p> <p><b>The range of conditions include:</b> • Additional needs • ASD/ADHD • Behavioural and challenging problems • Long term conditions • Shortened life expectancy conditions • Epilepsy • Acquired brain injury • Holistic and all-inclusive support 1:1 support. Our staff are trained to meet individual needs including medication and feeding support, moving and handling and personal care.</p>
<b>Age range:</b>	From 4-18 years.
<b>Activities:</b>	<p><b>Group Activities</b> Treasured Kids staff offer group sessions for children and young people to help and support them and give respite to families and carers. The service is offered on a one-to-one basis. We offer a wide range of activities both inside and outdoor which are dependent on the choices and interests of the child or young person and their family.</p> <p><b>Activities</b> Arts &amp; Crafts, Games, Cooking, Sensory room, Early years indoor play, outdoor play equipment, Large Play Ship, Bucket Swing, Gardens, Chickens, Nature and Gardening fun.</p> <p><b>Holiday activities:</b> 4 to 18's 3-hour sessions during Easter and Summer. A wide range of themed Activities as well as socialising with others.</p> <p>We work with a dedicated team of sessional workers and carers who really care about the needs of the individual child and their family.</p> <p><b>Befriending</b> We offer a limited 1:1 befriending service where possible and attempt to match up staff to meet the needs to the young people involved and build a positive relationship to help them to thrive.</p> <p><b>TREASURED KIDS</b> Support children and young people to access activities at our Oasis Community Centre &amp; 2-acre Oasis Community Park and Gardens site in Worksop.</p> <p>We largely offer a group session for 5 hours on 2 Saturdays each, short breaks and support packages including, Curiosity Kids Workshops - Science based children's workshops.</p> <p>We offer some family days, some befriending work and school holiday care group sessions. We also offer family support, advice and help wherever possible.</p>
<b>Additional information:</b>	Treasured Kids seeks to care for each child or young person and works in partnership with them and their families to ensure that we are giving the greatest support we can to each person. We tailor the programme and

	activities to the needs and interests of the children we support.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Website:</b> <a href="http://www.oasiscommunitycentre.org">www.oasiscommunitycentre.org</a> <b>Email:</b> <a href="mailto:oasiscentre-steve@outlook.com">oasiscentre-steve@outlook.com</a> <b>Telephone No:</b> 07795 194957

## Prestige Nursing and Care Ltd

<b>Districts covered:</b>	Rushcliffe, Newark & Sherwood, Gedling, Broxtowe and Mansfield.
<b>Specialisms/care offered:</b>	Moving & Handling, epilepsy, administering medication and personal care, including all complex care needs, including; <ul style="list-style-type: none"> <li>• Peg feeding</li> <li>• Tracheotomy care</li> <li>• Bowel management</li> <li>• Catheter care</li> <li>• Oxygen therapy</li> <li>• Colostomy Care</li> <li>• Gastronomy feeding</li> <li>• Oral and nasopharyngeal suctioning.</li> </ul>
<b>Age range:</b>	All ages.
<b>Activities:</b>	Support in the home and the community, swimming, soft play, after school activities. We also help support the child or young person assisting with access to these activities.
<b>Additional information:</b>	In addition to mandatory training, we provide classroom training for our care workers and via an experienced network of in-house trainers who deliver an in-depth complex care course.  We are also the provider for the charity Whiz Kidz providing support to young people with physical and learning disabilities supporting young people on residential camps and club days.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<b>Email:</b> <a href="mailto:derby@prestige-nursing.co.uk">derby@prestige-nursing.co.uk</a> <b>Website:</b> <a href="http://PrestigeNursing+Care-TrustedLocalHomecare.prestige-nursing.co.uk">Prestige Nursing + Care - Trusted Local Homecare (prestige-nursing.co.uk)</a> <b>Telephone Number:</b> 01332 206062

## Prestige social care services

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	<p>Prestige Social Care Services is a well-established provider, with almost a decade worth of experience in delivering high quality, outcome focussed support to children and adults with care and support needs in Leicestershire, in partnership with families, carers, education, health and social care professionals, CCGs and the Local Authorities.</p> <p>We have experience to work within the county, we know the difficulties that mix of urban and rural areas can create and we address this in several ways. We have a Nurse-Led clinical focus care pathway which allows us to confidently and safely support individuals (children, young people and adults) with complex health care needs including;</p> <ul style="list-style-type: none"> <li>• Tracheostomy</li> <li>• Suctioning</li> <li>• RIG/PEG feeding systems</li> <li>• Ventilation/sleep systems such as NIPPY (CPAP)</li> <li>• Those living with complex Epilepsy.</li> </ul>
<b>Age range:</b>	All ages.
<b>Additional information:</b>	<p>When welcoming new packages of care to our organisation, we hold a 'meet and greet' session, initially either face to face or virtually. This allows us to introduce key members of our team and ensure that communication starts from the beginning – with young people and their families knowing how we work, what to expect from us, their roles/responsibilities within the arrangement and crucially how they can share compliments or raise concerns.</p> <p>Our aim is to become like extended family (whilst maintaining appropriate professional boundaries) so that support is seamless between us and family carers. We provide children/young people and their families with a copy of our 'Young Persons Handbook' and during transition we talk openly with everyone about their involvement and ways in which they can feedback, provide compliments, raise concerns and ask questions.</p> <p>We watch for verbal and nonverbal feedback which may indicate the individual's enjoyment or otherwise. This helps in planning activities and opportunities for meaningful engagement. Periodically we collect formal, structured feedback from staff, the children or young person using our services or their representatives in the form of questionnaires (including easy read) to inform, improve and adapt.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Email:</b> <a href="mailto:info@prestigescs.co.uk">info@prestigescs.co.uk</a></p> <p><b>Website:</b> <a href="http://Prestige Social Care Services - Leicester (prestigescs.co.uk)">Prestige Social Care Services - Leicester (prestigescs.co.uk)</a></p> <p><b>Telephone Number:</b> 01162 795191</p>

## Progress Care

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	<p>Progress Care offer support for children and young people with complex health needs, children and young people with Autistic Spectrum Conditions, children and young people aged 11+ with moving and handling needs that will require equipment and adaptations, children and young people where challenging behaviour is associated with other impairments (e.g. severe learning disability), children and young people with social emotional and mental health needs, assisting with administering medication and assisting with personal care/delegated health tasks.</p> <p>Progress Care also offer care and support for young people 14+.</p>
<b>Age range:</b>	5–19 years.
<b>Type of Provision:</b>	<p><b>Individual Support, Holiday, Play and Community Based Activities, Sitting and befriending.</b></p> <p>We provide a range of community-based services in line with the local offer. We help young people be as independent as possible and support them to lead normal lives through effective risk management, creative thinking, skilled staff and high aspirations.</p> <p>Workers are matched to families based on their skills and ability to meet the needs of the young person and where possible, by age and interests too. We offer ongoing support to enable staff to manage changing needs, through supervision, training and feedback from families and young people. We allocate at least two workers to each young person to minimise the impact of change and ensure the family can build trusting relationships with our team around them.</p>
<b>Additional information:</b>	<p>To build resilience and independence, we give families information about educational and training opportunities that we offer, helping empower families with support, learning and development. We have a full training schedule available as this type of information improves parents' skills and resilience, reducing the risk of family break-down, as parents and carers put coping strategies into place. It also results in young people being able to access more mainstream services, improving quality of life and providing them with the opportunity for new experiences. We offer Parent support groups covering a range of subjects. These also provide time for parents to meet others and build networks of support with each other.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="https://progresscare.co.uk">Fostering &amp; Care For Vulnerable Children &amp; Young Adults   Progress (progresscare.co.uk)</a></p> <p><b>Email:</b> <a href="mailto:referral@progresscare.co.uk">referral@progresscare.co.uk</a></p> <p><b>Telephone No:</b> 01902 561066</p>

## REACH Housing

<b>Districts covered:</b>	Ashfield, Mansfield, Newark and Sherwood
<b>Specialisms/care offered:</b>	<p>At REACH housing we offer, at our uniquely different locations, flexible 1:1 support, independent living practice, short breaks within the scope of Ofsted registration. We work with children and teenagers with Autism, learning disabilities and communication needs. We also work with young adults transitioning into the adult care and independence.</p> <p>Our facility offers a secure perimeter, outdoor swings, slide, ball games, and trampoline. We have areas for messy craft, dry craft, quiet rooms and a sensory room. We have a 'practice independent living' bungalow for evening and overnight stays. Our facility enables children who struggle to interact and engage with peers the opportunity to interact and engage with others.</p> <ul style="list-style-type: none"> <li>• <b>ASD</b> – Autism and Learning Disability, Social Language, Communication Difficulties.</li> <li>• <b>Social, emotional and mental health</b> – Positive Behavioural Support, interact and engagement.</li> <li>• <b>Challenging behaviour</b> – Positive Behavioural Support, assessment required according to appropriate staffing levels.</li> <li>• <b>Physical (moving and handling)</b> – Some physical needs although not predominate, need to be able to transfer – Access wheelchair for distances, mobility walking needs, walking aids.</li> <li>• <b>Complex medical needs</b> – Can offer support has long as this is not predominant need and staff can be trained.</li> <li>• <b>Personal care/delegated health tasks</b> – All aspects of personal care, this needs assessment combined with others.</li> </ul>
<b>Age range:</b>	5-18 years.
<b>Activities:</b>	<p><b>Sitting and befriending</b> – 1:1 Flexible Support/Sitting and Befriending.</p> <p><b>Group/holiday activities</b> - Can amend under flexible 1:1 to support community groups.</p>
<b>Time of Provision:</b>	<ul style="list-style-type: none"> <li>• <b>Term time/Evening</b> - Flexible 1:1/school short breaks – 15:00 to 22:00/Sleep in 22:00 to 07:00/07:00 to 09:00.</li> <li>• <b>Term time/weekend</b> - Flexible 1:1/school short breaks – 15:00 to 22:00/Sleep in 22:00 to 07:00/07:00 to 09:00.</li> <li>• <b>School holidays/daytime/evening</b> – Yes.</li> <li>• <b>Community Venue</b> - Access to Uniquely Different – 6 persons in attendance at any one time.</li> <li>• <b>Child's home</b> - Flexible 1:1 or 2:1 in children's home, support parents, sitting service.</li> </ul>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://www.reach-housing.co.uk">www.reach-housing.co.uk</a></p> <p><b>Email:</b> <a href="mailto:info@reachhousing.com">info@reachhousing.com</a></p> <p><b>Telephone No:</b> 01623 559299</p>

## R.E.A.L Foundation Trust

<b>Districts covered:</b>	Countywide
<b>Specialisms/care offered:</b>	<p><b>ASD 1:1</b> Mentoring services provided with opportunities to participate in small group enrichment sessions.</p> <p><b>Social, emotional and mental health</b> Social aspects developed through small enrichments groups. Emotional and mental health issues are discussed and developed with 1:1 mentors to find the right activities that offer maximum impact.</p> <p><b>Challenging behaviour</b> Supporting young people in understanding the situation which provoke challenging behaviour.</p>
<b>Age range:</b>	8 – 18 years
<b>Activities:</b>	<p><b><u>Individual Support, Holiday, play and community-based activities</u></b></p> <p><b>Sitting and befriending</b> 1:1 mentoring will be available to introduce young people to the service.</p> <p><b>Group/holiday activities</b> We have access to a range of activity hubs and bases provided by community partners. All Venues are risk assessed and already well used during daytime hours with young people. Activity coordinators will plan and deliver open sessions for 1-1 mentors to attend with befrienders. Activities will be a range of sports, crafts and hobbies and technology workshops.</p>
<b>Time of Provision:</b>	Term time/Evening. Mondays and Wednesdays. School holiday/weekends Saturday
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Email:</b> <a href="mailto:enquiries@realft.org">enquiries@realft.org</a></p> <p><b>Telephone:</b> 0115 8220400 (Option 6)</p> <p><b>Website:</b> <a href="http://Home - R.E.A.L. Foundation Trust (realft.org)">Home - R.E.A.L. Foundation Trust (realft.org)</a></p>

## Rigid Healthcare

<b>Districts covered:</b>	County-wide.
<b>Specialisms/care offered:</b>	<p><b><u>Individual Support, Holiday, Play and community-based activities.</u></b></p> <p>At Rigid Healthcare we offer support for children and young people with disabilities and complex needs aged 0-18 (or up to 25 for those with special educational needs and disabilities - SEND) living in the community. We offer a variety of services, including;</p> <p>Short Breaks, overnight stays in residential facilities equipped to cater to specific medical and care needs, daytime respite services offering recreational activities, therapy sessions, and socialization opportunities. Home-based respite care provided by trained staff to allow families to take a break from caregiving responsibilities.</p>
<b>Age range:</b>	0 – 18 years
<b>Activities:</b>	<p>Before children and young people participate in any activities, we will conduct thorough assessments of their individual needs, abilities, preferences, and any specific support requirements. This assessment process may involve input from healthcare professionals, therapists, educators, and families to ensure a thorough understanding of the child or young person's capabilities and limitations.</p> <p>Based on the needs assessment, we will develop individualized activity plans for each child or young person, whilst considering their interests, developmental stage, sensory sensitivities, mobility limitations, and any other relevant factors. Activity plans will be designed to promote inclusion, engagement, and skill development while minimizing risks and ensuring accessibility for all participants.</p> <p>Rigid Healthcare make sure to conduct thorough risk assessments for all activities, identifying potential hazards and implementing measures to mitigate risks and ensure participant safety.</p>
<b>Additional Information:</b>	<p>Rigid Healthcare have established regular opportunities for disabled children, young people and their families to provide feedback on the services they receive. This may include surveys, focus groups, suggestion boxes, or online feedback forms. Each disabled child or young person accessing our services will have an individualized care plan developed in collaboration with them and their family.</p> <p>We ensure that care planning meetings are conducted in a manner that facilitates the active participation of the child or young person, considering their communication preferences, abilities, and developmental stage.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home - Rigid Healthcare Group</a></p> <p><b>Email:</b> <a href="mailto:info@rigidhealthcaregroup.co.uk">info@rigidhealthcaregroup.co.uk</a></p> <p><b>Telephone:</b> 0247 621 4464 / 07878713157</p>



## Sam's Workplace

<b>Districts covered:</b>	Mansfield, Newark and Sherwood, Ashfield
<b>Specialisms/care offered:</b>	After school, school holidays, Saturdays, alternative provision to education for young children 12 year and upwards, children and young people with Autistic Spectrum Conditions, children and young people where challenging behaviour is associated with other impairments (e.g. severe learning disability) and individual Support
<b>Age range:</b>	12 years upwards.
<b>Activities:</b>	<ul style="list-style-type: none"> <li>• Basic cookery skills and diet management/planning/healthy eating</li> <li>• Money skills</li> <li>• Personal development and good mental health</li> <li>• Games skills - designing games, good and fair play, taking turns</li> <li>• Visits out - within local vicinity (may incur additional costs)</li> <li>• Film Days (age-appropriate viewings).</li> </ul>
<b>Additional Information:</b>	<p>Sam's Workplace offers short breaks and respite care to support parents / carers of young people with disabilities. We work either 1:1 or in small groups (up to 4), usually with 1 member of staff. Groups would be allocated to an area of their choice, either kitchen, workshop, allotment or cafe and a structured day/morning/agreed time programme put in place. Those choosing to work in the kitchen would be based at Sam's Workplace Cafe on Preston Road in Rainworth.</p> <p>Those seeking to undertake arts and crafts will be in the workshop set up in 37a Preston Road (upstairs from the cafe) where we have several tools/workstations with differing activities set up. Those wishing to work with small animals/horticulture would be transported to our allotment site based in Blidworth but returning to the cafe for their lunch and rest period. We offer Saturday placements from 9am to 5pm where we can focus more on game based / art and craft activities / sensory time.</p> <p>We view each placement individually and will work with young person and family to design the best package to support that placement with us.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Learning Disabilities   Sams Workplace   Rainworth</a></p> <p><b>Email:</b> <a href="mailto:samsworkplace@mail.com">samsworkplace@mail.com</a></p> <p><b>Telephone:</b> 01623 797240 to arrange visit</p>

## Shiloh's Healthcare Services

<b>Districts covered:</b>	Rushcliffe and Broxtowe
<b>Specialisms/care offered:</b>	Shiloh Healthcare's provides personalised care and support to children and young people with social, emotional, and mental health (SEMH) needs, including those with ADHD, ensuring that the children's diverse needs are met.
<b>Age range:</b>	Aged 8 into adulthood
<b>Activities:</b>	<p><b>Holiday, play and community-based activities and individual Support</b></p> <p>The service provision will be delivered through a range of activities that promote social, emotional, and mental wellbeing, including structured and unstructured activities, therapy sessions, and one-to-one support. The service will also work collaboratively with families, schools, and other professionals to provide coordinated support.</p>
<b>Additional Information:</b>	Shiloh Healthcare Services aims to provide a unique, flexible and varied range of services including supported living, home care, short break services, packages for people with self-directed support, community-based day activities outreach services, and assistance with daily living activities.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://shilohealthcare.com">Shiloh - Home (shilohealthcare.com)</a></p> <p><b>Email:</b> <a href="mailto:enquiry@shilohealthcare.com">enquiry@shilohealthcare.com</a></p> <p><b>Telephone:</b> 01332 742661</p>

## Spectrum Wasp

<b>Districts covered:</b>	Mansfield, Ashfield.
<b>Specialisms/care offered:</b>	<p>One to one support for children and young people, small group activities, residential stays.</p> <p>Two to one support for more complex needs, ASD/ADHD and challenging behaviour.</p> <p>Staff are highly trained to meet individual needs.</p>
<b>Age range:</b>	0-18 years.
<b>Activities:</b>	<p><b>Holiday Activities</b> Varies from woodland working, outdoor activities in the park, bike riding, horse riding, dry ski slopes, swimming, funky Friday, arts and crafts, bowling, cooking, seaside trips and lots more. We can meet a child's personal needs.</p> <p><b>Sitting and Befriending</b> WASP staff offer a tailored sitting and befriending service working with children and young people to help them achieve and realise life outcomes this includes promoting their independence and building their self-esteem. The service is offered on a one-to-one basis or more if needed. Activities can be done indoor or outdoor. All staff have business insurance on their cars and can take children out to take part in community activities. These activities are risk assessed for each individual to ensure the safety of the person and the support worker. During the assessment process they take time with the family and young person to understand their outcomes and choices and help them work towards achieving them.</p> <p>The service operates 7 days a week.</p>
<b>Additional information:</b>	Through solid partnership working we provide a quality and varied programme of activities and life skills that are designed to develop the confidence, co-ordination, life and motor skills of these special children and young people in order to improve their quality of life.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://www.spectrumwasp.org">www.spectrumwasp.org</a></p> <p><b>Email:</b> <a href="mailto:info@spectrumwasp.org">info@spectrumwasp.org</a></p> <p><b>Telephone No:</b> 07746185394</p>

## Springs of Joy Solution

<b>Districts covered:</b>	Ashfield, Mansfield, Broxtowe, Gedling, Rushcliffe.
<b>Specialisms/care offered:</b>	<p><b>ASD</b> Those who are likely to have other impairments such as severe learning disabilities or have behaviour which is challenging - Communication and interaction, Speech and Language.</p> <p><b>Social, emotional and mental health including (ADHD).</b></p> <p><b>Challenging behaviour</b> young people where challenging is associated with other impairment (e.g. severe learning disability).</p> <p><b>Physical (moving and handling)</b> Young people with moving and handling needs that will require adaptation and equipment, those who are likely to have physical impairments and sensory impairments.</p> <p><b>Complex medical needs</b> Young people with disability and life limiting conditions who have reached the palliative care stage or their life cycle as well as other young people with complex health needs as well as impairment, physical, cognitive or sensory impairment.</p> <p><b>Theraplay/BSL/Makaton approved.</b></p>
<b>Type of Provision:</b>	<p>Sitting and befriending</p> <p>Personal Care</p> <p>Sleep work</p> <p>Behaviour and routines</p> <p>Overnight short breaks at home or in the community.</p>
<b>Age range:</b>	3 years until adulthood
<b>Time of Provision:</b>	Term time evenings and weekends, School Holidays – daytime/evening/weekends.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://Home   Springs of Joy Care Solutions (sojcare.co.uk)">Home   Springs of Joy Care Solutions (sojcare.co.uk)</a></p> <p><b>Email:</b> <a href="mailto:info@springsofjoy.co.uk">info@springsofjoy.co.uk</a></p> <p><b>Telephone No:</b> 0115 970 5982</p>

## Topview Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	<p><b><u>Individual support, holiday, play and community-based activities</u></b></p> <p>At Topview Healthcare we provide flexible breaks to parents and carers by relieving them from their caring duties and caring for children and young people living with disabilities and chronic conditions. This service is developed for both carers and children from various groups including but not limited to; children with mental health, physical injuries/disabilities, chronic medical conditions, living with disabilities, those with challenging behaviour.</p> <p>Our services are tailored to the demand. We provide flexible service options to carers such as, cared for as one-off service, regular and ongoing care, emergency or as a planned service. This service is available 24 hours a day, 7 days a week including weekends and nights.</p> <p>With regulated activities such as personal care, administering medication and other activities are required, we offer this in line with CQC standards.</p> <p>We also support Individuals need to access training programs that are customised to their unique requirements. These programs may cover a wide range of life skills, including cooking, cleaning, budgeting, personal hygiene and social activities such as arts and crafts, dancing, cookery, games, films and sports.</p>
<b>Age range:</b>	0 years old into adulthood
<b>Additional information:</b>	Our services are designed to adapt to specific needs of everyone, offering a flexible, responsive, and unobtrusive support system that evolves their journey. Through the engagement of skilled and well-prepared staff under effective management, we commit to deliver personalized service.
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Topview Healthcare LTD – Health Care</a></p> <p><b>Email:</b> <a href="mailto:info@topviewhealthcare.co.uk">info@topviewhealthcare.co.uk</a></p> <p><b>Telephone No:</b> 0115 9771585</p>

## Total Healthcare Solutions

<b>Districts covered:</b>	Rushcliffe, Mansfield, Gedling, Newark & Sherwood, Ashfield and Broxtowe
<b>Specialisms/care offered:</b>	<p>Total Healthcare Solutions Limited provides personalised care and support to children and young people with social, emotional, and Mental health (SEMH) needs and those with ADHD. We are adaptable, take a holistic approach to support and address both the child or young person's SEMH needs whilst considering their overall wellbeing.</p> <p>Our services are delivered through a range of activities that promote social, emotional, and mental wellbeing which includes structured and unstructured activities, therapy sessions, and one to one support.</p> <p>We are aware that it is important that activities are tailored to meet each child or young person as they are unique and have their own individual needs which needs to be met. We achieve this through consultation with children and young people, as well as their parents or carers, to identify any specific requirements they may have. The information received is then used to plan activities that are appropriate and engaging for all.</p>
<b>Age range:</b>	5 – 11 years.
<b>Additional information:</b>	<p>Total Healthcare Solutions Limited is committed in ensuring that all activities provided are always suitable for the individual needs of children and young people and is always safe.</p> <p>Safeguarding is fundamental element in ensuring that children and young people are protected from harm. We have a robust safeguarding policy in place which outlines the responsibilities of all staff and the procedures to follow if safeguarding concerns are raised.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Email:</b> <a href="mailto:info@totalhealthcare-solutions.co.uk">info@totalhealthcare-solutions.co.uk</a></p> <p><b>Telephone No:</b> 07780001439</p> <p><b>Website:</b> <a href="http://Home - Total Health Care Solutions - THCS (totalhealthcare-solutions.co.uk)">Home - Total Health Care Solutions - THCS (totalhealthcare-solutions.co.uk)</a></p>

## Truly Care Services

<b>Districts covered:</b>	Gedling, Mansfield, Bassetlaw, Ashfield, Mansfield, Broxtowe and Newark and Sherwood
<b>Specialisms/care offered:</b>	<p>Truly Care Services are a home care specialist organisation based in Mansfield who deliver respite care, including sitting and befriending, personal and complex care.</p> <p>Supporting children and young people with complex health needs, Children and young people with Autistic Spectrum Conditions, Children and young people where challenging behaviour is associated with other impairments (e.g. severe learning disability)</p>
<b>Type of Provision:</b>	<p>Complex care includes:</p> <ul style="list-style-type: none"> <li>• catheter care</li> <li>• trachea care</li> <li>• Peg Feed</li> <li>• NG Feeds</li> <li>• TPN Feed</li> </ul>
<b>Age range:</b>	Up to 18 years
<b>Additional information:</b>	<p>Our Nurse Manager will arrange a meeting with you as the first step, to discuss all your care needs and support required outlining a care plan on how you want all your care needs to be met. Truly Care Services Ltd is registered with the Care Quality Commission (CQC).</p> <p>Truly Care Services (TCS) creates person centred individual care plans for all children and young person. The Care Plan will be designed to supports participation of children and young people and the families will be involved in discussions and decisions about their care and support agreeing mutually.</p> <p>The Care plans will take account of physical environment and equipment needs of all children and children will be given the opportunity to have fun and have choice in the activities that they participate in.</p> <p>Feedback forms will be sent out to ensure that the specified Service is consistently being delivered efficiently, effectively and sensitively, taking account of Service Users' needs and preferences.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="http://www.trulycareservicesltd.com">www.trulycareservicesltd.com</a></p> <p><b>Email:</b> <a href="mailto:info@trulycareservicesltd.com">info@trulycareservicesltd.com</a></p> <p><b>Telephone No:</b> 07411 209316 &amp; 01623 610578</p>

## TRZ Healthcare

<b>Districts covered:</b>	County-wide
<b>Specialisms/care offered:</b>	<p>Through personalized care planning, we consider each individual's unique needs, preferences, and cultural background, ensuring that our services are tailored to meet their specific requirements. Our staff undergo extensive training on cultural competency, sensitivity to diverse identities, and disability awareness, equipping them to provide inclusive and sensitive care. We actively seek feedback from service users and their families, continuously improving our services to align with their evolving needs.</p> <p>Our collaborative approach involves working closely with local communities and organizations to better understand the challenges faced by different individuals and develop services that are accessible, equitable, and supportive.</p>
<b>Age range:</b>	Into adulthood
<b>Additional information:</b>	<p>We employ a range of communication methods to cater to diverse needs, including verbal, visual, and written communication. For those with speech and language difficulties, we use augmentative and alternative communication tools like picture cards, communication boards, or assistive technology devices.</p> <p>We actively seek feedback from disabled children, young people, and their families through surveys, focus groups, and individual discussions. This feedback informs service improvements and ensures their voices are heard in decision-making processes.</p> <p>For families with specific needs or language barriers, we offer advocacy and support services to help them navigate the planning and review process effectively.</p> <p>We work closely with disability-specific organizations and local support groups to better understand the needs of disabled children.</p>
<b>Mileage:</b>	Mileage costs are not included as part of a short break package. Families should contact the Provider directly to discuss further.
<b>Contact details:</b>	<p><b>Website:</b> <a href="#">Home - TRZ Care</a></p> <p><b>Email:</b> <a href="mailto:info@trzcare.co.uk">info@trzcare.co.uk</a></p> <p><b>Telephone No:</b> 0115 8370470</p>